

STUDENT
SURVIVAL
GUIDE

INDIANA**TECH**

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**MAKE THE MOST OF YOUR
STUDENT SURVIVAL GUIDE**
Hang on to your guide!
Inside you'll find information
that's useful all year long,
including important phone
numbers, web sites and
calendars.

GOALS

WHERE IS YOUR PARADISE ISLAND?

As you know, and are likely thankful for, this isn't high school. In college your classes will be tougher, you'll be way busier than you've ever been in your life, your head is going to be crammed full of information from all directions all the time, and you might even be moving out on your own.

Add to all that the fact that college costs money, lots of money, lots of *your* money (or at least your parents' money). Every minute of every class converts to dollars and cents.

But all that tells you is how much your education costs, how much it's actually worth depends on you. While these may be some of the toughest, busiest, and most expensive years of your life, they may also be some of the best.

OK... so what's next? A good idea would be to set some goals to help get you through your college years and into a successful career. How? Let's imagine that you're stranded in the ocean. The wind is blowing, the water is freezing, and the waves are waving. So you immediately

start swimming for an island in the distance. But what would happen if you closed your eyes and never looked up as you swam? Well, the blowing wind, freezing water, and waving waves would turn you around in circles without you even knowing it. It would take a miracle to get you to that island!

But if you can keep the island in sight, constantly looking up as you swim to check your progress, then you could make it there.

Setting goals is a lot like that. Without a goal in sight, like that paradise island, that you use to constantly check your progress and direction in life, you'll eventually end up going around in circles, drifting at sea.

Let's consider a common goal many have: "I want to be a millionaire." Great! Who doesn't? While that's a great "big goal" to have, reaching that goal requires that you take many smaller steps one at a time.

So, start at your big goal and work backwards, thinking about all the things you need to reach it from where you are now.

**People who don't
set goals will eventually
work for people who do.**

You might think about it like this: To be a millionaire I need to have a successful business. To have a successful business, I need to have some financial backing. To get financial backing, I need a good business plan, potential clients, and the technical know-how to get it done. To get all that, I need some experience working in my industry, managing people and tasks. To get that, I need a good job. To get that job, I need an education. See how it works?

Now, you need to put your goals on paper. Make a list of long and short term objectives and post it somewhere you'll see it daily — your fridge, your mirror, wherever.

Your goals can be things that may take years to accomplish or things that need to be done before breakfast — anything you want. No task is too big or small to factor into your "master plan." Just write it down so you have it in front of you as a constant reminder.

Good luck, and keep your island in clear sight!

In a recent survey, many college students stated they don't set goals for themselves! When asked why not, most stated the same two things:

- > They are unclear on what they want.
- > They knew they should set goals, but were never told how.



THERE AREN'T ENOUGH HOURS IN THE DAY!



Between your 15 credit course load, homework, a 12-hour part-time job, basketball, your significant other, and, last but not least, sleep, you might find it difficult to get everything done. We're not kidding — college is a busy time in your life.

Don't worry, you won't have to commit to a steady diet of Red Bull to stay caught up. And it's quite possible to balance a boyfriend or girlfriend, extra-curricular activities, R&R, and your school work. You just need to learn how to organize your time.

To help you out, we've put together a few pointers for time management. They won't add hours to the day, but they will help you make the most of the time you do have.

Time management is one of those things every college student has to figure out. When you're in your 30s you'll think back to these years and wonder where you got all that energy from.

At the end of your college years, you may not remember how to do algorithms, and you'll erase Walden Pond from your memory. But, if you get in the habit of managing your time, that is something you'll use daily throughout your life.

To the right are nine time-cheating tips from Lucy Hendrick's "365 Ways to Save Time."

1. Today, choose ONE job that needs doing and get moving on it.
2. Tonight, prepare everything you'll need for tomorrow (i.e., put out the clothes you're going to wear, and put your car keys, backpack, homework, all in one place ready to grab as you leave, etc.).
3. Set every clock (and your watch) in your house (or dorm room) 15 minutes fast and intentionally forget you did it.
4. Keep a list of things you need to do. Writing things down will help you remember them more easily.
5. Resolve today to put away everything you take out. Also, straighten up one little corner of your world before something grows in it.
6. Add some supplies for waiting time to your backpack (i.e., class notes, textbook, etc.).
7. Next time your professor gives you an assignment, ask, "What's

most important here?" (i.e., find out what his or her top priority is).

8. The next time you are asked to serve on a committee or volunteer for something, instead of saying "yes" right away, say, "I need 24 hours to think it over."

9. The next time you find yourself overwhelmed with a lot of things to do, identify only three top priorities each day until you complete them all.

To get the most out of your classes:

- > Study without any distractions. No TV or radio. If you play music, make it quiet, soothing music.
- > Talk to your professors regularly. Be comfortable asking them questions. That's why they're here.
- > Ask other students in the class for help. Compare notes to see whether you missed anything important.
- > If eligible, use Tech's Student Support Services or tutoring services.

BEWARE THE FRESHMAN 15

Okay, so life as a college student is tough on your mind and body. You're likely to have erratic eating habits, your mind will be in overdrive all the time, and sleep will go from being a necessity to a luxury. Here are a few pointers to help you out:

1. Your Physical Health Affects Your Mental Health

Your mind and body are inextricably linked. How you take care of your body will affect the performance of your thinking and vice versa. This is the first principle you should understand.

2. Exercise Regularly

Keeping your body in good shape will improve your ability to think. Ideally, you should work out 3 or 4 days each week. You might wonder:

"How will I find the energy? I can barely stay awake when 2:30 p.m. rolls around." At first, working out can be tiring on your body, but after a few weeks you'll find you have *more* energy and sleep more soundly. Plus, you'll build muscle and keep off extra pounds.

Indiana Tech's Wellness Center is the perfect place to work out. Whether you live on or off campus, the Wellness Center is free to students and has a full range of work-out equipment. We suggest you find a work-out partner or bring your iPod to keep you motivated.

3. Eat Smart

Exercise alone won't give you more energy — you need to eat right. A lousy diet

full of junk food and sugar can lead to erratically high and low energy levels, mood swings, and difficulty concentrating.

College students in general have lousy eating habits. Too many students skip breakfast, eat unbalanced lunches, and have late dinners (which means you go to bed with a full stomach and the food just sits there and doesn't get burned off). That's where the "freshman 15" pounds come from (mostly).

Indiana Tech has a dining hall that is open seven days a week. It serves three meals per day Monday through Friday, and brunch on Saturday and Sunday. Choose from salad, fruit, pizza, and various entrees so

you can get in all your food groups each day.

4. Drink Water Often

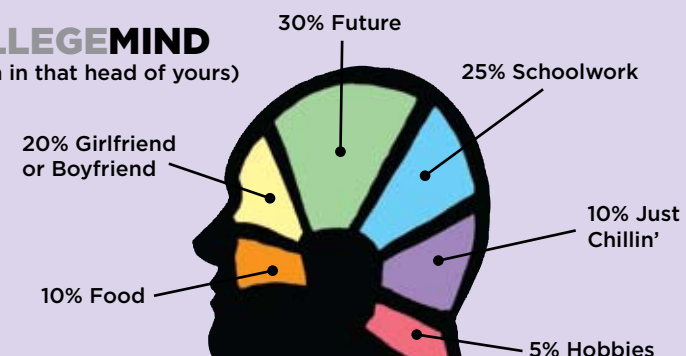
Drinking plenty of water each day is essential to staying fit. Coffee and soda don't count. Water is essential if you want to lose weight, too.

5. Sleep Sleep Sleep

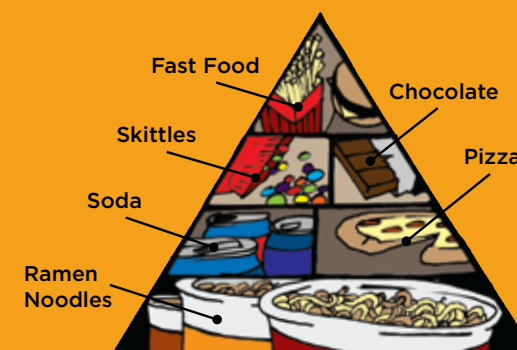
Sleep is essential to a healthy body and mind. Your mind will be more alert, you'll have better memory, and your body will have more energy when you have adequate sleep. You've heard it before — 8 hours is the optimal amount of sleep you should have each day. You may think that there is way too much going on to get that much. A little extra sleep goes a long

way. Even if you can't get 8 hours of sleep every night, try to get a few full nights of sleep each week and at least 6 or 7 hours the other nights. If you're studying late for a big test, you're better off getting an extra hour of sleep than staying up all night reading.

THE COLLEGE MIND (what goes on in that head of yours)



TYPICAL COLLEGE DIET (not suggested)



In Fort Wayne you can find something for everyone. Be sure to check out some of these attractions.

GETTING TO KNOW THE FORT

Shopping

Jefferson Pointe, an outdoor mall located a few miles west of downtown features several different stores, a small indoor food court, full-service restaurants, and Rave Motion Pictures 18-Screen multiplex. **Glenbrook Square**, on the north side of town, boasts more than 50 different stores and a food court with about 10 vendors.

Spectator Sports

The Komets have been thrilling Fort Wayne hockey fans since 1952. During these past 57 years, the Komets have earned 12 division titles, 11 regular season championships, and 7 championship titles, including winning the Turner Cup back to back in 2008 and 2009. But the Komets aren't the only game in town. **The Fort Wayne Tincaps**, are a Class A ball club in the San Diego Padres system. Their 2009 season proved to be nothing less than a home run, with a 49-21 record and their first Mid-West League Championship. If basketball is your game, check out the **Mad Ants**. Since 2007, the Mad Ants have showcased up-and-coming players in the NBA's Developmental League. The city is also home to **The Fort Wayne Freedom**, a CIFL indoor football team which finished 2nd in the eastern conference in 2009.

Local Attractions

The Allen County Public Library is a great supplement to Indiana Tech's McMillen Library. Whether you're looking for books or just somewhere to go, the library offers many areas to explore including the largest public genealogical collection in America. Also, the library hosts several interesting events on site for the public throughout the year. **The Fort Wayne Children's Zoo**, ranked among the Top Ten in the nation, offers 40 acres of pure wild fun. Don't let the name fool you. Take the sky ride through the African Journey and feed giraffes while observing animals native to Africa. Walkabout the Australian Adventure where you can come face to face with kangaroos and a large aquarium with fish from the Great Barrier Reef. **The Allen County War Memorial Coliseum** offers a wide range of events throughout the year. The Coliseum is host of several local sports teams and major entertainers. The historic **Embassy Theatre** is a breath-taking venue to enjoy shows and a lot more.

Parks & Gathering Places

Sports fields, pools, hiking and biking trails, golf courses, nature preserves and picnic areas are all an integral part of Fort Wayne. If you're the

skate-boarding type, be sure to check out the skate park located on East Fourth Street just north of the downtown area.

Festivals & Fairs

The Fort Wayne area has it's fair share of festive gatherings throughout the year. Here are a few of the big ones:

Johnny Appleseed Festival
Germanfest
Greek Festival
RibFest
New Haven Canal Days
Indiana Highland Days
Allen County Fair
Three River's Festival

www.visitfortwayne.com will give you a more comprehensive look at Fort Wayne, and below are some Web sites in reference to the information on this page.

www.kometts.com
www.tincaps.com
www.nba.com/dleague/fortwayne
www.fwfreedom.com
www.acpl.lib.in.us
www.kidszoo.org
www.memorialcoliseum.com
www.fwembassytheatre.com
www.fortwayneparks.org
www.johnnyappleseedfest.com
www.newhavencanaldays.org
www.trfonline.org
www.fireflycoffeehousefw.com
<http://oldcrown.com>



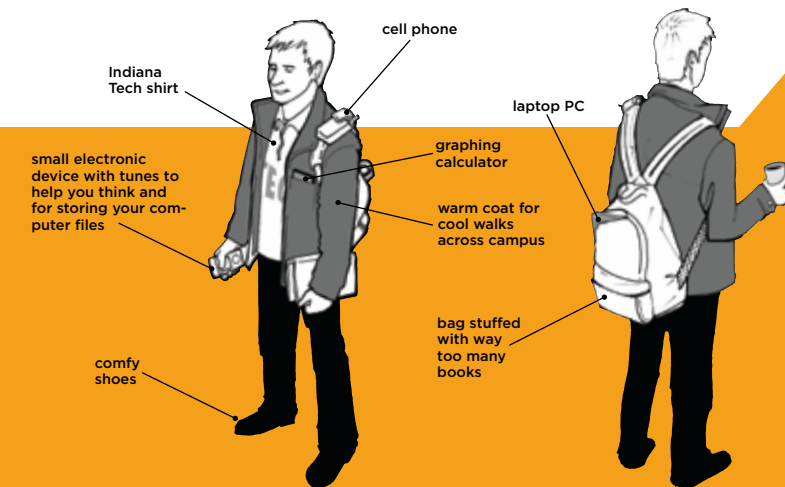
COFFEE SHOPS

Fort Wayne has its fair share of Starbucks, but if you're more into the local scene, be sure to check out The Bean Coffeehouse located on Wells Street. The Bean offers a relaxed atmosphere and live music on the weekends. Another locally owned shop popular for hosting local acts is the Firefly Coffeehouse on North Anthony Boulevard. Just across the street from the Firefly, you'll find Old Crown Coffee Roasters, another local favorite.

TOP FRESHMAN ESSENTIALS

(information compiled from student surveys)

- > Graphing Calculator (if you're an engineering student it will become your best friend)
- > Tech T-shirt (you've gotta show your Indiana Tech school spirit)
- > MP3 Player (for a distraction while your roommate sings in the shower)
- > Warm, comfy shoes and coat (for winter hikes across campus)
- > Cell phone (actually, it's hard to imagine, but you can survive without a cell phone)
- > A laptop with wireless Internet (maybe this isn't essential, but our students clearly think it makes life in college much easier.)



CAMPUS LIFE

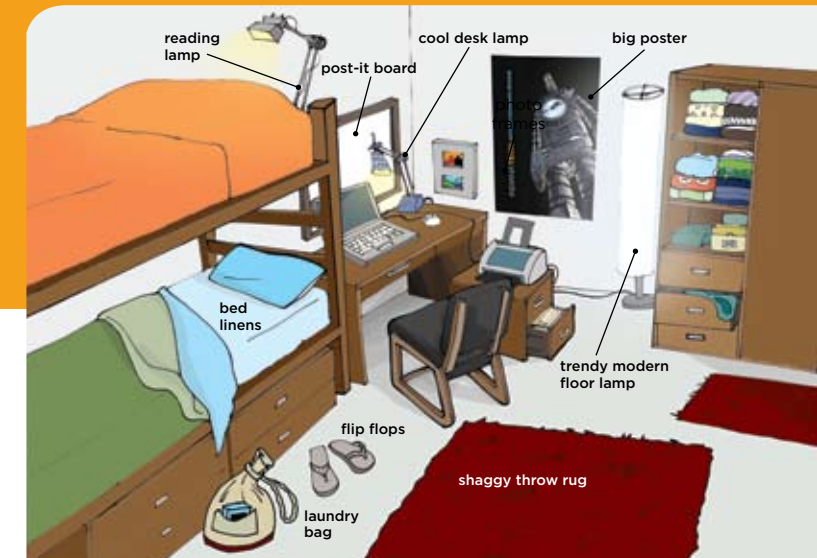
NOT IN KANSAS ANYMORE...

You know what? There's not too much we're going to tell you here. We know you'll be fine on campus. We can't prepare you for everything — some stuff you've got to experience on your own (like messy roommates). We wouldn't want to deprive you of that valuable life lesson.

And we're not about to lecture you on the dangers of drug use, underage and binge drinking, or unprotected sex. You know the dangers of that stuff by now.

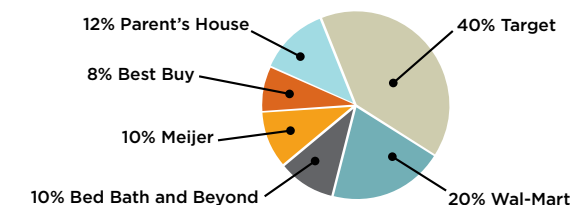
Indiana Tech's campus is a place for serious learning, not risky behavior that could get you hurt or into trouble. You can still have fun, but you've got to follow the rules.

College is a chance to define yourself. A chance to get away from the kids you've known all your life in high school, get out of your parents house, and to find out who you really are.



EXTREME DORM MAKEOVER

Your dorm room is your home away from home. The more comfortable you are, the better you'll be able to study, sleep, and relax. And all that adds up to a better student. Think of your room as a blank canvas — we leave it plain so can you add the color. Here's where our students say they find the coolest stuff:



And here are some important items you don't want to forget. Each of our residence halls is a little different, but below is a list of the basic items you'll need. You can visit our Web site at www.IndianaTech.edu/housing for printable lists of items to bring for each residence hall.

- > Clothes for all seasons
- > Towels
- > Sheets, blankets, pillows and pillowcases for twin extra long
- > Hangers
- > Alarm clock
- > Personal hygiene items (soap, shampoo, toothbrush, toothpaste etc.)
- > Surge protector
- > Cleaning supplies

FREETIME

(how tech students chill out on the weekends)

- > Fort Wayne Komets, Tin Caps, or Tech Warriors Game
- > Road trip to Chicago, Indianapolis, Cedar Point, or the Dunes
- > Go home, visit parents & family
- > Rec center in Andorfer Commons or a movie at Cinema Tech
- > Go out with a certain special someone
- > Order pizza, rent a movie, and hang with friends

SHOW ME (HOW TO MANAGE) THE MONEY!

MONTHLY BUDGET WORKSHEET

Use this as a basic guide to planning your spending each month. A little planning goes a long way.

No matter what your major is or what your career goals are, one of the most important things you should learn in college is how to manage your money. Your education is an expensive investment in yourself. If you manage your money wisely you can graduate with your finances in good condition. Here are some tips to remember:

Create a Budget

A budget doesn't have to be complicated or use fancy software. But, you should have an idea of what your expenses will be each month and how much income you'll have.

Choose Your Bank Wisely

If you have to open a new checking account, choose a bank or credit union that offers the services you need with the lowest fees.

Keep in Touch with the Financial Aid Office

If you're thinking about changing your course load, make sure you understand how it will affect your financial aid package. Also, stay on top of deadlines for filing your FAFSA for next year.

The Difference Between a "Need" and a "Want"

When you make a purchase, think about whether you really need it. You need to eat. But, do you need to buy

fast food for dinner every day? No, especially if you've already paid for a meal plan. You may need warm clothes for the winter. But, do you need the most expensive clothes at the mall or a different coat for every outfit? Probably not.

Track Your Spending

Find a method that works for you – maybe it's a notebook, maybe it's a spreadsheet – and be aware of how much you spend and what you spend it on. Those trips to Taco Bell, the campus vending machines, and convenience stores can add up quickly if you're not paying attention.

Take Advantage of Campus Employment

Some positions on campus require that you have work study as part of your financial aid package; some don't. When comparing campus employment to other job opportunities, consider these advantages:

- > You generally don't have to worry about transportation costs since you're already on campus.
- > Campus jobs often fit better with class schedules.
- > Campus jobs allow you to get more involved with the university, students, faculty and staff.

NEEDS

- Rent¹
- Utilities¹
- Telephone (land line).....
- Laundry.....
- Gasoline.....
- Car Payments
- Car Insurance
- Public Transportation.....
- Groceries
- Dining Hall Meals².....
- Toiletries
- Credit Card Payments
- School / Lab Supplies.....
- Savings Account.....

TOTAL 1

WANTS

- Internet Service¹
- Cable/Satellite TV¹.....
- Wireless Phone³
- Star Wars Action Figures.....
- Splurging on Girlfriend/Boyfriend
- Entertainment
- Restaurants.....
- Video Games.....
- Clothes.....

TOTAL 2

MISC.

- Other Expenses.....
- Misc.
- Misc.
- Misc.

TOTAL 3

INCOME

- Work/Internship.....
- Parents
- Grandparents

INCOME

TOTAL 1
+
TOTAL 2
+
TOTAL 3
=
TOTAL

INCOME
-
TOTAL

SURPLUS =

If you've got any money left over for this box you're doing great! Don't waste it!

-If you're living in one of our dorms put \$0 since these expenses are rolled into your tuition/room & board.
-Depending on which dorm you are in, dining hall meals may be included with your room and board. Otherwise, meal plans are available or cost around \$7 per meal.
-OK, you may think a cell phone should be classified as a *need*, but, in reality, it is possible to live without one.
-Don't like reading fine print? Get used to it. The world is full of fine print and it's usually even smaller than this.

MONEY DOESN'T GROW ON TREES... THESE DAYS THEY MAKE IT OUT OF PLASTIC.

Since your acceptance to college, your mailbox is probably overflowing with credit applications. There's nothing wrong with that. Now that you are moving onto adulthood, establishing credit is an important step. It will help you acquire financing in the future if you ever start a business, buy a car, a house, or need a loan. But, credit cards have a dark side.

The cycle of debt often starts when college students get their first credit card. Upon graduation, the average student owes \$20,402 in combined education

loans and credit card balances. Sixteen percent of that debt, or \$3,262, for final year undergraduate students is from just their credit cards.

That's a lot of money and, as we're about to show you, buying \$3,262 worth of stuff on a credit card will cost you a lot more than that in the long run.

Credit card companies entice you with high spending limits and low monthly payments. But, the average college student's credit card will have an Annual Percentage Rate (APR) of at least 18%.

Here's how APR works: Take, your APR of 18%, divide it by 12 months and you get 1.5%. 1.5% is how much interest you are charged each month. Not too bad, right? Here's the catch: credit card companies will often require that you pay a minimum of only the 1.5% interest each month plus maybe 1% or 2% extra.

By doing that, you're shelling out dough for the interest and barely reducing what you actually owe. And each month another 1.5% interest is tacked back on. It's a vicious cycle.

Let's consider, for example, that average college student we talked about who graduates with **\$3,262** credit card debt. The credit card company requires a "low" monthly payment of only the 1.5% interest plus an additional 1% of the balance. His monthly minimum payment is:

$$2.5\% \times \$3,262 = \$81.55/\text{month}$$

\$81.55... that's not exactly pocket change. But it's not too bad if our student has a good job, right? **Wrong.** Most of that is just paying the 1.5% interest. If he paid only the minimum every month, it would end up taking 271 months (22.5 years!) to get rid of that debt. Over the course of those 22 years he will pay an extra **\$4,508.24** in interest.

Let's do the math...

Original credit card purchases **\$3,262.00**
Accrued interest fees over 22 years..... **\$4,508.24**
Total spent by the time it's paid off **\$7,770.24**

The interest costs more than the original purchase!

See how it works? It's like going to Best Buy to buy a TV that costs \$1,000, but because you're such a "generous person" you hand them \$2,500 and tell them to keep the change. Don't be that guy. You get the point. Be careful with your credit cards.

Pointers to help you become a thrifty shopper

- > Spend on needs first, then your wants
- > Use cash—leave debit/credit cards at home
- > Save money each month—even if it's only a little
- > Use coupons—buy things on sale
- > Learn the art of negotiating

Don't forget to ask about student discounts when making a purchase. Below are a few offers.

- Auntie Annie's 10% Off Regular Price
- Delmar Video Rent One Movie Full Price, Get 2nd For 99¢
- Don Pablo's 10% Discount
- Flat Top Grill 10% Off Total Order
- Georgetown Bowl Buy 2 Games, Get 2 Free
- Jiffy Lube 10% Off Single Service Items
- McMillen Golf Course \$2 Off 9 Or 18 Holes
- Wooden Nickel Records 10% Off
- Mirage Tanning \$4 Regular, \$5 Facial, \$6 Stand Up, \$8 Orbit
- Papa John's Pizza 1 Large 1 Topping Carry Out Or Delivery \$7.99
- Putt Putt Fun Center & Go Carts 6 tokens For \$1
- Rave Motion Pictures Sun-Thur \$1 Off Movies After 6pm
- The Forum Salon & Spa 50% Off All Services & 25% Off Product (Mondays Only)
- Ultra Zone \$2 Off Regular Price 10% Off

KNOW YOUR SCHOOL

STEP 1: Know Your True Colors

Whether you're an athlete or not, an essential part of attending a university is showing school spirit. So, just in case you haven't figured it out yet, we are Indiana Tech, our school colors are orange and black, and we are the Warriors!

STEP 2: Show Your True Colors

Now that you know the facts, it's time to get equipped. We make that very easy for you to do by offering a huge selection of Indiana Tech apparel and accessories in the Tech Treasures gift shop: hoodies, polos, t-shirts, sweat-shirts, sweat-pants, jackets, caps, shorts, and more.



FIND TECH TREASURES ON THE LOWER LEVEL OF ANDORFER COMMONS.

www.IndianaTech.edu/TechTreasures

STEP 3: Know Your Teams

We're pretty serious about our athletic teams, too. Join the super fans in cheering on warrior athletics every season.

BASEBALL	MEN'S SOCCER
MEN'S BOWLING	WOMEN'S SOCCER
WOMEN'S BOWLING	SOFTBALL
MEN'S BASKETBALL	MEN'S TENNIS
WOMEN'S BASKETBALL	WOMEN'S TENNIS
MEN'S CROSS COUNTRY	MEN'S TRACK & FIELD
WOMEN'S CROSS COUNTRY	WOMEN'S TRACK & FIELD
MEN'S GOLF	WOMEN'S VOLLEYBALL
WOMEN'S GOLF	CHEERLEADING
MEN'S LACROSSE	DANCE
WOMEN'S LACROSSE	PEP BAND

Athletic Mascot: Warrior



University Logo:

INDIANA TECH

CAMPUS FACILITIES AND SERVICES

ACADEMIC RESOURCE CENTER

Newspapers, magazines, books, computers, Internet... everything you need to research and create reports and papers for your classes. The resource center is located on the first floor of the Cunningham Business Center.

ANDORFER COMMONS REC CENTER

The rec center is the domain of our students. It's where you can chill out and watch TV, read, or anything else. It has two big screen TVs with a DVD player, pool tables, air hockey, foosball and a bowling alley. It's located on the lower level of Andorfer Commons.

CAMPUS MINISTRY

While Indiana Tech is a non-denominational campus, we do have a chapel at the school where students can continue to explore their spirituality. Through our campus ministry, you can find a safe and stimulating place to explore and nurture your relationship with God. The chapel offers Bible studies, ecumenical worship services on campus, seminars, concerts, and an annual spring break work trip. The Heinz-Wegener Worship Center is located on the second floor of Andorfer Commons.

CAREER PLANNING & DEVELOPMENT CENTER (CPDC)

The more acquainted you become with the CPDC the better off you'll be. The CPDC staff offer a host of services to you while you are in school and after you graduate. They can find part-time work for you while you're a student, including work-study programs or internships. They can also teach you to be a savvy job seeker by showing you how to write résumés, teaching you good business etiquette, and training you how to be an effective interviewee. Plus, once you graduate,

the CPDC has the resources to put your name out on the job market and find you the career you're looking for. It's located on the second level of Andorfer Commons.

THE FRESHMAN COLLEGE

We want to get your education going on the right foot. So, we put together a program called The Freshman College to help you get oriented to college life. Part of the freshman college is the University Experience course all students are required to complete. You're taught good study habits and given tips on how to make the most out of each class. You're also paired with a faculty advisor who will help guide your academic decisions so that you can find the career that will make you happiest.

INDIANATECH.NET

This is the student computer network that allows you to keep in touch with your fellow students, professors, and the staff at the university. It's an information pipeline from you to us and vice-versa. Here's what every student gets:

- your own e-mail account with file storage
- access to stored files and e-mail from any computer on the Internet, on or off campus
- secure personal account for accessing campus computers
- state-of-the-art classroom technology
- wireless "hot spots" in several buildings on campus
- dorm room Internet access

MCMILLEN LIBRARY

You've been to a library before (we hope), so you know what they are about — books, journals, magazines, etc. We also have several computer workstations for you to use to do research and type papers. The library also has a cozy fireplace. It's located on the first level of Andorfer Commons.

REGISTRAR

Indiana Tech's registrar will help you with questions regarding your schedule, auditing classes, or if you need a transcript.

TECH TREASURES

An essential part of attending college is showing your school spirit. We make that very easy for you to do by offering a huge selection of Indiana Tech apparel and accessories in the Tech Treasures gift shop. The gift shop also stocks some essential supplies you might need in some of your classes. Find Tech Treasures on the lower level in Andorfer Commons. Browse online at: www.IndianaTech.edu/TechTreasures

TUTORING

Sometimes there's that one class that gives you a little extra trouble, so you need some help. No problem. We have free tutoring for all eligible students. The tutoring is done by your fellow students who have already completed the course with an A or B. The Tutoring Center is located in Cunningham Business Center.

WARRIOR LEGEND

If you have a knack for journalism, photography, or even cartooning you can join in and contribute to each issue. The newspaper is distributed freely across campus several times a year. For more info on being a part of the newspaper team, e-mail: warriorlegend@indianatech.net

WELLNESS CENTER

Free for all students, the Wellness Center offers a full range of workout equipment. Whether you're in training, trying to lose weight, or just seeking to stay fit, the Wellness Center can help you do it. You can even have a trainer get you started in your workout regime. It's located in the Schaefer Center, across from the gymnasium.

THE WRITING CENTER

Are you having a tough time getting your idea started or you're not sure how to structure your paper? Do you need a fresh set of eyes to proofread your paper? Several professors are available in our Writing Center to help put your thoughts on paper:

Prof. Robert Savage..... Room C350.....Phone ext. 2252
 Prof. Lori Wachtman..... Room C155.....Phone ext. 2338
 Prof. Susan McGrade..... Room C325D.....Phone ext. 2358
 Prof. Steven Malloris..... Room C150.....Phone ext. 2221

STUDENT SUPPORT SERVICES

The Student Support Center is a federally funded facility for low-income and first generation college students (that is, the first in their family to attend a university). The program provides material, academic, and cultural support to its participants.

The material support comes in the form of computers specifically for eligible students to use for schoolwork and research. The center also loans out high-tech graphing calculators and other supplies for students.

Students are helped academically by a peer tutoring program. The program also features the academic Safety Net, which uses various progress checks to make sure students' grades don't drop. Students are also paired up with faculty mentors who help guide them in their educational planning and decision making.

In addition to all that, Student Support Services organizes trips to local museums, performances, and events. If you'd like to benefit from this program, call Student Support Services at extension 2337.

ESSENTIAL CAMPUS NUMBERS

Indiana Tech
1600 East Washington Blvd.
Fort Wayne, Indiana 46803

Main Phone: 260.422.5561
Toll Free Phone: 800.937.2448
www.IndianaTech.edu

Major Campus Extensions:

Admissions.....	2205	Human Resources.....	2137
Alumni Relations.....	2219	McMillen Library.....	2215
Business Office.....	2354	Office of the President.....	2202
Building & Grounds.....	2138	Registrar.....	2329
Campus Ministry.....	2288	Sports Information Center.....	2262
Campus Security.....	2230	Student Life.....	2317
Career Planning		Student Support Services.....	2337
& Development.....	2217	Tech Treasures (gift shop).....	2108
Financial Aid.....	4105	Wellness Center.....	2368

FORT WAYNE CONTACTS

Show times, entertainment, stuff to do.....www.fortwayne.com
 Visitors' Bureau and other fun stuff..... www.visitfortwayne.com
 Chamber of Commerce..... www.fwchamber.org
 Young Leaders or Northeast Indiana..... www.ylni.com

EMERGENCY NUMBERS

Campus Security.....**260.422.5561 x2230**
 Fort Wayne Police Department..... **260.427.1230**
 Fort Wayne Fire Department..... **260.427.1170**
 Poison Control Hotline..... **800.222.1222**
 Suicide Hotline..... **800 SUICIDE (800.784.2433)**

Parkview Hospital (one mile from campus)

2200 Randalia Drive
 Fort Wayne, Indiana 46805
260.373.4000

A FEW FINAL WORDS OF ADVICE

Well, we hope this guide is helpful for you throughout your college years. Whether you carry it around regularly or stash it in a desk drawer, make sure you hold onto it. You never know when you'll need to get advice on managing your time, eating right, or if you'll need an essential phone number for someone on campus.

So, last but not least, we asked a few of our upperclassmen for some words of wisdom for our new students. We use the term "wisdom" loosely. Despite some of the funny answers we received, the upperclassmen mention a few things that are worth remembering. So, here are 9 tips for freshman life they wanted you to know.

9. FLIP-FLOPS OR SANDALS (WITH OR WITHOUT SOCKS) ARE PERFECTLY ACCEPTABLE FOOTWEAR YEAR-ROUND.
8. PICK SOMETHING YOU LIKE IN THE DINING HALL AND GO WITH IT.
7. ATMS ARE THE DEVIL — FLEE FROM THEM.
6. PEOPLE WHO NEVER TALKED TO YOU IN HIGH SCHOOL ARE NOW YOUR BEST FRIENDS WHEN YOU GO HOME.
5. CLEVER MARGIN MANIPULATION CAN TURN A 4-PAGE OUTLINE INTO A 50-PAGE SENIOR ESSAY.
4. ANYTHING CAN BE COOKED IN THE MICROWAVE. ANYTHING.
3. CEREAL MAKES A GOOD MEAL ANYTIME OF DAY.
2. IF YOUR MAJOR REQUIRES A CLASS BEFORE 8AM, CHANGE YOUR MAJOR.
1. QUARTERS ARE LIKE GOLD.