

Indiana Institute of Technology 21-22

Descriptive Statistics for Survey Items

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Sample				
N	392			
Response Rate	7.50%			
Respondent Characteristics				
Gender				
Female	63%	(0.58, 0.68)	68%	
Male	33%	(0.29, 0.38)	28%	X
Other	3%	(0.01, 0.05)	4%	
Race / Ethnicity*				
White / Caucasian	72%	(0.68, 0.77)	67%	X
Black / African American	16%	(0.13, 0.20)	8%	X
Hispanic / Latino	13%	(0.09, 0.16)	16%	
American Indian or Alaska Native	2%	(0.01, 0.04)	1%	
Arab / Middle Eastern	1%	(0.00, 0.01)	2%	X
Asian / Asian American	4%	(0.02, 0.06)	15%	X
Pacific Islander	1%	(0.00, 0.02)	1%	
Other	2%	(0.00, 0.03)	2%	
Country				
International	11%	(0.08, 0.14)	8%	X
Residence				
Campus residence hall	24%	(0.20, 0.29)	27%	
Campus apartment	2%	(0.01, 0.04)	7%	X
Fraternity / sorority house	0%	(0.00, 0.00)	1%	
On- or off-campus co-operative housing	1%	(0.00, 0.02)	1%	
Off-campus, non-university housing	46%	(0.41, 0.51)	36%	X
Off campus, in my parent(s) /guardian(s)/relatives' home	14%	(0.11, 0.17)	19%	X
Other	9%	(0.07, 0.12)	3%	X
Degree Program				
Associates	10%	(0.07, 0.13)	16%	X
Bachelors	68%	(0.63, 0.73)	60%	X
Masters	15%	(0.11, 0.18)	11%	X
JD	0%	(0.00, 0.00)	1%	
MD	0%	(0.00, 0.01)	1%	
PhD or equivalent	3%	(0.01, 0.04)	6%	X
Other	3%	(0.02, 0.05)	3%	
Non-degree	2%	(0.01, 0.03)	2%	

*participants can select more than one race/ethnicity; totals may exceed 100%

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Age				
18-22	47%	(0.42, 0.52)	67%	X
23-25	5%	(0.03, 0.07)	12%	X
26-30	12%	(0.09, 0.15)	10%	
31+	36%	(0.31, 0.40)	11%	X
Highest educational attainment of either parent				
Less than high school degree	6%	(0.04, 0.08)	5%	
High school degree	21%	(0.17, 0.25)	10%	X
Some college, no degree	13%	(0.09, 0.16)	10%	
College degree	40%	(0.35, 0.45)	34%	X
Graduate degree	14%	(0.10, 0.17)	33%	X
Religiosity				
Very important	23%	(0.19, 0.27)	15%	X
Important	21%	(0.17, 0.25)	17%	X
Neutral	27%	(0.22, 0.31)	24%	
Unimportant	9%	(0.07, 0.12)	15%	X
Very unimportant	15%	(0.12, 0.19)	22%	X
Current financial situation				
Always stressful	18%	(0.15, 0.22)	14%	X
Often stressful	27%	(0.22, 0.31)	23%	
Stressful	34%	(0.29, 0.38)	34%	
Rarely Stressful	17%	(0.14, 0.21)	19%	
Never Stressful	4%	(0.02, 0.06)	7%	X
Financial situation growing up				
Always stressful	20%	(0.16, 0.24)	12%	X
Often stressful	21%	(0.17, 0.25)	17%	
Stressful	30%	(0.25, 0.34)	26%	
Rarely Stressful	20%	(0.16, 0.24)	26%	X
Never Stressful	10%	(0.07, 0.13)	16%	X
Relationship Status				
Single	36%	(0.32, 0.41)	47%	X
In a relationship	25%	(0.21, 0.30)	33%	X
Married	29%	(0.24, 0.33)	12%	X
Divorced	4%	(0.02, 0.05)	1%	X
Sexual Orientation				
Heterosexual	72%	(0.68, 0.77)	70%	
Bisexual	3%	(0.02, 0.05)	5%	
Gay / Lesbian	11%	(0.08, 0.15)	14%	
Queer	1%	(0.00, 0.02)	5%	X
Questioning	2%	(0.01, 0.04)	4%	
Other	1%	(0.00, 0.01)	2%	X

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Chronic Disease				
Diabetes	4%	(0.02, 0.06)	1%	X
High blood pressure	10%	(0.07, 0.13)	3%	X
Asthma	16%	(0.12, 0.19)	13%	
Thyroid disease (e.g., hypothyroid or hyperthyroid)	5%	(0.03, 0.07)	3%	
Gastrointestinal disease (e.g., Crohn's Disease, Ulcerative Colitis)	3%	(0.01, 0.04)	3%	
Arthritis	7%	(0.04, 0.09)	2%	X
Sickle cell anemia	0%	(0.00, 0.01)	0%	
Seizure disorders (e.g., epilepsy)	1%	(0.00, 0.02)	1%	
Cancers	2%	(0.00, 0.03)	1%	X
High cholesterol	5%	(0.03, 0.08)	2%	X
HIV/AIDS	0%	(0.00, 0.00)	0%	
Other autoimmune disorder (please specify)	3%	(0.02, 0.05)	2%	
Other chronic disease	7%	(0.05, 0.10)	5%	X
Mental Health Measures				
Positive Mental Health				
Flourishing Scale (8-56)	40.4	(39.10, 41.71)	38.8	X
In flourishing range (48-56)	33%	(0.28, 0.38)	30%	
Depression (PHQ-9)				
Overall score (0-27)	9.8	(9.10, 10.54)	9.5	
In moderately severe to severe range (15-27)	27%	(0.22, 0.32)	23%	X
In moderate range (10-14)	19%	(0.15, 0.23)	21%	
Any depression (10-27)	46%	(0.41, 0.51)	43%	
Impairment from depression*				
Not difficult at all	23%	(0.19, 0.28)	17%	X
Somewhat difficult	40%	(0.35, 0.44)	46%	X
Very difficult	15%	(0.11, 0.18)	16%	
Extremely difficult	8%	(0.06, 0.11)	7%	
Generalized anxiety (GAD-7)				
Overall score (0-21)	8.2	(7.55, 8.83)	8.3	
In moderate range (10-14)	21%	(0.17, 0.25)	20%	
In severe range (15-21)	18%	(0.14, 0.22)	18%	
Any anxiety (10-21)	39%	(0.34, 0.44)	38%	
Depression/Anxiety				
Depression or anxiety symptoms	52%	(0.47, 0.57)	51%	
Disordered eating & body image				
Probable eating disorder (3+ on SCOFF)	13%	(0.10, 0.17)	15%	
Need to be very thin to feel good about self	29%	(0.25, 0.34)	33%	

*How difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Academic impairment from mental health, past 4 weeks**				
None	21%	(0.17, 0.25)	14%	X
1-2 days	27%	(0.22, 0.31)	28%	
3-5 days	26%	(0.21, 0.30)	26%	
6 or more days	24%	(0.20, 0.28)	25%	
Self-Injury and Suicide				
Non-suicidal self-injury, past year				
Any	24%	(0.20, 0.29)	28%	
Cutting self	8%	(0.06, 0.11)	6%	X
Burning self	2%	(0.00, 0.03)	2%	
Punching or banging self	8%	(0.05, 0.10)	10%	
Scratching self	9%	(0.06, 0.12)	10%	
Biting self	9%	(0.03, 0.07)	9%	
Interfering with wound healing	9%	(0.06, 0.12)	9%	
Carving words or symbols in skin	0%	(0.00, 0.01)	1%	
Rubbing sharp objects on skin	4%	(0.02, 0.05)	3%	
Punching or banging wall or object	6%	(0.04, 0.09)	7%	
Other	2%	(0.00, 0.03)	2%	
Suicidality				
Seriously thought about attempting suicide, past year	20%	(0.16, 0.24)	14%	X
Made a plan for attempting suicide, past year (among those with suicidal ideation)	42%	(0.31, 0.54)	41%	
Attempted suicide, past year (among those with suicidal ideation)	15%	(0.07, 0.23)	9%	
Previous Diagnosis of Mental Disorders				
Mental disorders				
Any	49%	(0.44, 0.55)	47%	
Depression (e.g., major depressive disorder, persistent depressive disorder)	34%	(0.29, 0.39)	26%	X
Anxiety (e.g., generalized anxiety disorder, phobias)	35%	(0.30, 0.40)	31%	
Bipolar (e.g., bipolar I or II, cyclothymia)	6%	(0.04, 0.08)	3%	X
Obsessive-compulsive or related disorders (e.g., obsessive-compulsive disorder, body dysmorphia)	5%	(0.03, 0.08)	5%	
Trauma and stressor related disorders (e.g., post-traumatic stress disorder)	12%	(0.09, 0.15)	8%	X

**How many days have you felt that emotional or mental difficulties have hurt your academic performance?

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Mental disorders, continued				
Neurodevelopmental disorder or intellectual disability (e.g., attention deficit disorder, intellectual disability, autism spectrum disorder)	7%	(0.05, 0.10)	8%	
Psychosis (e.g., schizophrenia, schizo-affective disorder)	1%	(0.00, 0.02)	0%	
Personality disorder (e.g., antisocial personality disorder, paranoid personality disorder)	3%	(0.01, 0.04)	1%	X
Eating disorder (e.g., anorexia nervosa, bulimia nervosa)	4%	(0.02, 0.06)	5%	
Substance use disorder (e.g., alcohol abuse, abuse of other drugs)	3%	(0.01, 0.04)	1%	
Health Behaviors and Lifestyle				
Substance use, past 30 days				
Cigarettes	19%	(0.15, 0.22)	24%	X
Vape pen or E-Cigarette	17%	(0.13, 0.20)	16%	
Marijuana	11%	(0.08, 0.14)	18%	X
Cocaine	1%	(0.00, 0.01)	1%	
Heroin	0%	(0.00, 0.00)	0%	
Methamphetamines	0%	(0.00, 0.00)	0%	
Other stimulants without a prescription or more than prescribed	0%	(0.00, 0.01)	1%	
MDMA (also known as Ecstasy or Molly)	1%	(0.00, 0.01)	0%	
Opioid pain relievers without a prescription or more than prescribed	1%	(0.00, 0.01)	0%	
Benzodiazepenes	1%	(0.00, 0.01)	0%	X
Ketamine (also known as K, Special K)	1%	(0.00, 0.01)	0%	
LSD (also known as acid)	0%	(0.00, 0.00)	0%	
Psilocybin (also known as magic mushrooms, boomers, shrooms)	0%	(0.00, 0.00)	1%	
Kratom	0%	(0.00, 0.00)	0%	
Athletic performance enhancers	0%	(0.00, 0.00)	0%	X
Other drugs without a prescription	1%	(0.00, 0.02)	0%	
Violence				
Have been struck or physically injured by another person in the past 12 months	0%	(0.00, 0.00)	1%	

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Help-Seeking				
<i>I know where to go to access resources</i>				
Agree or strongly agree	68%	(0.63, 0.73)	76%	X
<i>Think you needed help for emotional or mental health problems, past year</i>				
Strongly Agree	28%	(0.24, 0.33)	30%	
Agree	18%	(0.14, 0.22)	18%	
Somewhat agree	14%	(0.10, 0.17)	14%	
Somewhat disagree	4%	(0.02, 0.06)	5%	
Disagree	10%	(0.07, 0.13)	11%	
Strongly disagree	14%	(0.11, 0.18)	10%	X
Did not answer	11%	(0.08, 0.14)	12%	
<i>Psychotropic medication</i>				
Current	27%	(0.22, 0.32)	25%	
Any, past 12 months	32%	(0.27, 0.37)	29%	
Antidepressants	21%	(0.17, 0.25)	19%	
Anti-anxiety medications	11%	(0.08, 0.15)	8%	X
Psychostimulants	5%	(0.03, 0.07)	6%	
Anti-psychotics	2%	(0.01, 0.03)	1%	
Mood stabilizers	4%	(0.02, 0.06)	2%	
Sleep medications	8%	(0.05, 0.11)	4%	X
Other	2%	(0.01, 0.03)	2%	
<i>Prescriber</i>				
General practitioner/nurse	74%	(0.66, 0.83)	56%	X
Psychiatrist	29%	(0.21, 0.38)	43%	X
Other type of health provider	2%	(-0.01, 0.04)	3%	
No prescription	3%	(0.00, 0.06)	3%	
<i>How helpful do you think the medication(s) was or has been for your mental or emotional health?</i>				
Very helpful	41%	(0.32, 0.51)	40%	
Helpful	28%	(0.19, 0.36)	31%	
Somewhat helpful	22%	(0.14, 0.30)	22%	
Not helpful	8%	(0.03, 0.13)	7%	

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
<i>Whom would you talk to, if you were experiencing severe emotional distress?</i>				
Professional clinician	40%	(0.35, 0.45)	40%	
Roommate	10%	(0.07, 0.13)	18%	X
Friend (who is not a roommate)	38%	(0.33, 0.43)	46%	X
Significant other	33%	(0.28, 0.38)	36%	
Family member	38%	(0.33, 0.43)	45%	X
Religious counselor or other religious contact	7%	(0.04, 0.09)	5%	
Support group	4%	(0.02, 0.05)	3%	
Other non-clinical source	2%	(0.00, 0.03)	1%	
No one	10%	(0.07, 0.13)	8%	
<i>Therapy or counseling for mental health</i>				
Past year	31%	(0.26, 0.36)	39%	X
Current (among those with any)	57%	(0.48, 0.66)	55%	
<i>Visits in past year, among those with any</i>				
1-3	34%	(0.25, 0.43)	27%	
4-6	22%	(0.14, 0.30)	20%	
7-9	11%	(0.05, 0.17)	12%	
10 or more	33%	(0.24, 0.42)	41%	

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
<i>Use of specific providers for therapy or counseling</i>				
Campus Provider A	24%	(0.16, 0.32)	40%	X
Campus Provider B	7%	(0.02, 0.11)	5%	
Campus Provider C	0%	(0.00, 0.00)	0%	
Psychiatric emergency services	3%	(0.00, 0.06)	3%	
Inpatient psychiatric hospital	7%	(0.02, 0.11)	4%	
Partial hospitalization program	0%	(0.00, 0.00)	2%	
Provider in the local community (not on campus)	27%	(0.19, 0.36)	30%	
Provider in another location (such as hometown)	49%	(0.39, 0.58)	46%	
Other	8%	(0.03, 0.14)	6%	
<i>How were your counseling or therapy sessions conducted?</i>				
In-person only	53%	(0.44, 0.63)	32%	X
Remote/telehealth only	26%	(0.18, 0.35)	47%	X
Both in-person and remote	24%	(0.16, 0.32)	37%	X
<i>How helpful do you think therapy or counseling was or has been for your mental or emotional health?</i>				
Very helpful	30%	(0.23, 0.37)	34%	
Helpful	25%	(0.19, 0.31)	27%	
Somewhat helpful	26%	(0.20, 0.33)	25%	
Not helpful	18%	(0.13, 0.24)	13%	X
<i>Any medication or therapy for mental health</i>				
Past year	45%	(0.40, 0.50)	47%	
<i>Any visit to a health provider</i>				
Past year	75%	(0.71, 0.80)	75%	
<i>Received counseling or support for mental health from these sources, past year</i>				
Roommate	8%	(0.05, 0.11)	16%	X
Friend (other than roommate)	29%	(0.25, 0.34)	41%	X
Significant other	28%	(0.23, 0.32)	30%	
Family member	30%	(0.25, 0.34)	37%	X
Religious contact	4%	(0.02, 0.06)	3%	
Support group	2%	(0.00, 0.03)	2%	
Faculty member/professor	1%	(0.00, 0.01)	1%	
Staff member	33%	(0.28, 0.38)	24%	X
Other non-clinical source	4%	(0.02, 0.06)	4%	
None of the above	2%	(0.00, 0.03)	2%	

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Satisfaction with Therapy: Campus Providers				
<i>Convenient hours</i>				
Very dissatisfied	0%	(0.00, 0.00)	5%	
Dissatisfied	0%	(0.00, 0.00)	7%	
Somewhat dissatisfied	7%	(-0.03, 0.17)	10%	
Somewhat satisfied	15%	(0.01, 0.28)	22%	
Satisfied	41%	(0.22, 0.60)	39%	
Very satisfied	37%	(0.18, 0.56)	20%	X
<i>Location</i>				
Very dissatisfied	0%	(0.00, 0.00)	3%	
Dissatisfied	0%	(0.00, 0.00)	4%	
Somewhat dissatisfied	4%	(-0.04, 0.11)	7%	
Somewhat satisfied	15%	(0.01, 0.28)	17%	
Satisfied	41%	(0.22, 0.60)	46%	
Very satisfied	41%	(0.22, 0.60)	26%	
<i>Quality of therapists</i>				
Very dissatisfied	0%	(0.00, 0.00)	5%	
Dissatisfied	11%	(-0.01, 0.23)	7%	
Somewhat dissatisfied	7%	(-0.03, 0.17)	9%	
Somewhat satisfied	15%	(0.01, 0.28)	19%	
Satisfied	26%	(0.09, 0.43)	34%	
Very satisfied	44%	(0.25, 0.64)	29%	
<i>Respect for privacy concerns</i>				
Very dissatisfied	0%	(0.00, 0.00)	2%	
Dissatisfied	0%	(0.00, 0.00)	1%	
Somewhat dissatisfied	0%	(0.00, 0.00)	3%	
Somewhat satisfied	11%	(-0.01, 0.23)	10%	
Satisfied	37%	(0.18, 0.56)	43%	
Very satisfied	56%	(0.36, 0.75)	44%	
<i>Ability to schedule appointments without long delays</i>				
Very dissatisfied	0%	(0.00, 0.00)	11%	
Dissatisfied	4%	(-0.04, 0.11)	10%	
Somewhat dissatisfied	0%	(0.00, 0.00)	11%	
Somewhat satisfied	11%	(-0.01, 0.23)	16%	
Satisfied	41%	(0.22, 0.60)	31%	
Very satisfied	44%	(0.25, 0.64)	25%	X
<i>Respect and consideration for my cultural/racial background</i>				
Very dissatisfied	0%	(0.00, 0.00)	2%	
Dissatisfied	4%	(-0.04, 0.11)	1%	
Somewhat dissatisfied	0%	(0.00, 0.00)	3%	
Somewhat satisfied	4%	(-0.04, 0.11)	11%	
Satisfied	26%	(0.09, 0.43)	44%	
Very satisfied	67%	(0.49, 0.85)	41%	X

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Satisfaction with Therapy: Non-Campus Providers				
<i>Convenient hours</i>				
Very dissatisfied	0%	(0.00, 0.00)	5%	
Dissatisfied	0%	(0.00, 0.00)	7%	
Somewhat dissatisfied	7%	(-0.03, 0.17)	10%	
Somewhat satisfied	15%	(0.01, 0.28)	22%	
Satisfied	41%	(0.22, 0.60)	39%	
Very satisfied	37%	(0.18, 0.56)	20%	X
<i>Location</i>				
Very dissatisfied	0%	(0.00, 0.00)	3%	
Dissatisfied	0%	(0.00, 0.00)	4%	
Somewhat dissatisfied	4%	(-0.04, 0.11)	7%	
Somewhat satisfied	15%	(0.01, 0.28)	17%	
Satisfied	41%	(0.22, 0.60)	46%	
Very satisfied	41%	(0.22, 0.60)	26%	
<i>Quality of therapists</i>				
Very dissatisfied	0%	(0.00, 0.00)	5%	
Dissatisfied	11%	(-0.01, 0.23)	7%	
Somewhat dissatisfied	7%	(-0.03, 0.17)	9%	
Somewhat satisfied	15%	(0.01, 0.28)	19%	
Satisfied	26%	(0.09, 0.43)	34%	
Very satisfied	44%	(0.25, 0.64)	29%	
<i>Respect for privacy concerns</i>				
Very dissatisfied	0%	(0.00, 0.00)	2%	
Dissatisfied	0%	(0.00, 0.00)	1%	
Somewhat dissatisfied	0%	(0.00, 0.00)	3%	
Somewhat satisfied	11%	(-0.01, 0.23)	10%	
Satisfied	37%	(0.18, 0.56)	43%	
Very satisfied	56%	(0.36, 0.75)	44%	
<i>Ability to schedule appointments without long delays</i>				
Very dissatisfied	0%	(0.00, 0.00)	11%	
Dissatisfied	4%	(-0.04, 0.11)	10%	
Somewhat dissatisfied	0%	(0.00, 0.00)	11%	
Somewhat satisfied	11%	(-0.01, 0.23)	16%	
Satisfied	41%	(0.22, 0.60)	31%	
Very satisfied	44%	(0.25, 0.64)	25%	X
<i>Respect and consideration for my cultural/racial background</i>				
Very dissatisfied	0%	(0.00, 0.00)	2%	
Dissatisfied	4%	(-0.04, 0.11)	1%	
Somewhat dissatisfied	0%	(0.00, 0.00)	3%	
Somewhat satisfied	4%	(-0.04, 0.11)	11%	
Satisfied	26%	(0.09, 0.43)	44%	
Very satisfied	67%	(0.49, 0.85)	41%	X

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Barriers and Facilitators to Help-Seeking				
<i>Reasons for seeking help</i>				
Decided on my own	30%	(0.26, 0.35)	32%	
Friend encouraged or pressured me	6%	(0.03, 0.08)	8%	
Family member encouraged or pressured me	2%	(0.00, 0.03)	1%	
Other person encouraged or pressured me	10%	(0.07, 0.13)	13%	
A campus advisor mandated me to seek help by campus staff	3%	(0.01, 0.05)	3%	
I acquired more information about my options	2%	(0.00, 0.03)	2%	
A campus advisor referred me to seek help	1%	(0.00, 0.01)	0%	
Health professional recommended help	1%	(0.00, 0.02)	1%	
Other reasons	0%	(0.00, 0.00)	0%	
<i>Reasons for receiving no or fewer services for mental health</i>				
I haven't gone yet but I plan to	5%	(0.03, 0.07)	5%	
No need for services	22%	(0.18, 0.27)	20%	
Financial reasons	7%	(0.04, 0.09)	7%	
Not enough time	5%	(0.03, 0.08)	9%	X
Not sure where to go	5%	(0.03, 0.08)	8%	X
Difficulty finding an appointment	1%	(0.00, 0.02)	3%	
Prefer to deal with issues on my own or with support from family/friends	11%	(0.08, 0.14)	11%	
Privacy concerns	2%	(0.01, 0.04)	2%	
People providing services don't understand me	6%	(0.04, 0.08)	5%	
Other	3%	(0.01, 0.04)	3%	
No barriers	3%	(0.01, 0.04)	2%	
<i>Source of health insurance</i>				
None (uninsured)	6%	(0.04, 0.08)	3%	X
Parent's employer	33%	(0.28, 0.38)	51%	X
Own employer	23%	(0.19, 0.28)	7%	X
Spouse's employer	6%	(0.03, 0.08)	3%	X
Student plan	3%	(0.01, 0.04)	12%	X
Embassy or other international source	0%	(0.00, 0.01)	0%	
Individual market	2%	(0.01, 0.03)	2%	
Public insurance	14%	(0.11, 0.18)	9%	X
Uncertain whether insured	1%	(0.00, 0.02)	1%	
Insured but uncertain of source	2%	(0.01, 0.03)	2%	

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
<i>Plan provides any coverage for local mental health visits</i>				
Yes, it definitely would	39%	(0.34, 0.44)	27%	X
I think it would but am not sure	20%	(0.15, 0.24)	26%	X
I have no idea	20%	(0.16, 0.24)	23%	
I think it would not but am not sure	4%	(0.02, 0.06)	6%	
No, it definitely would not	3%	(0.01, 0.04)	3%	
<i>Plan meets needs for mental health services</i>				
Have not needed plan to cover services	25%	(0.20, 0.29)	20%	X
Yes, everything I have needed is covered	25%	(0.21, 0.29)	24%	
No, the coverage is inadequate to meet my needs	8%	(0.06, 0.11)	8%	
Unsure	28%	(0.23, 0.32)	33%	X
Supportiveness of Academic and Social Environment				
<i>Talked with any academic personnel about mental health problems affecting performance</i>				
Past year	17%	(0.13, 0.21)	18%	
<i>Supportiveness of response by academic personnel</i>				
Very supportive	57%	(0.44, 0.70)	48%	
Supportive	38%	(0.25, 0.51)	42%	
Not supportive	3%	(-0.01, 0.08)	7%	
Very unsupportive	2%	(-0.02, 0.05)	3%	
<i>Whom would you talk to about mental health problems affecting academic performance</i>				
Professor from one of my classes	26%	(0.21, 0.30)	31%	X
Academic advisor	27%	(0.22, 0.31)	26%	
Another faculty member	5%	(0.03, 0.07)	5%	
Teaching assistant	1%	(0.00, 0.02)	2%	
Student services staff	10%	(0.07, 0.13)	10%	
Dean of Students or Class Dean	3%	(0.02, 0.05)	5%	
Other	4%	(0.02, 0.06)	4%	
None of the above	36%	(0.32, 0.41)	33%	
<i>Persistence / Retention</i>				
I am confident that I will finish my degree no matter the challenges	82%	(0.78, 0.86)	77%	X

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Ethnicity Subcategories*				
Black				
African	8%	(0.01, 0.14)	20%	X
African American	88%	(0.79, 0.96)	66%	X
African Caribbean	5%	(-0.01, 0.10)	15%	X
Afro-Latina/o/x	6%	(0.00, 0.12)	7%	
Other	3%	(-0.01, 0.07)	6%	
Asian				
East Asian (e.g., Chinese, Japanese, Korean, Taiwanese)	29%	(0.07, 0.52)	53%	X
Southeast Asian (e.g., Cambodian, Vietnamese, Hmong)	18%	(-0.01, 0.36)	13%	
South Asian (e.g., Indian, Pakistani, Nepalese, Sri Lankan)	41%	(0.17, 0.65)	25%	
Filipina/o/x	12%	(-0.04, 0.28)	9%	
Other	0%	(0.00, 0.00)	2%	
Hispanic				
Mexican/Mexican American	36%	(0.23, 0.49)	55%	
Central American	16%	(0.06, 0.26)	11%	
South American	24%	(0.12, 0.36)	16%	X
Caribbean	8%	(0.00, 0.16)	13%	
Other	12%	(0.03, 0.21)	7%	

*participants can select more than one race/ethnicity; totals may exceed 100%

Note: the confidence intervals are wide for these numbers, because the sample sizes are small