Indiana Institute of Technology 21-22 Descriptive Statistics for Survey Items

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Sample	(/-/		(, -,	
N	392			
Response Rate	7.50%			
		ondent Characteristics		
Gender				
Female	63%	(0.58, 0.68)	68%	
Male	33%	(0.29, 0.38)	28%	Х
Other	3%	(0.01, 0.05)	4%	
Race / Ethnicity*				
White / Caucasian	72%	(0.68, 0.77)	67%	X
Black / African American	16%	(0.13, 0.20)	8%	X
Hispanic / Latino	13%	(0.09, 0.16)	16%	
American Indian or Alaska Native	2%	(0.01, 0.04)	1%	
Arab / Middle Eastern	1%	(0.00, 0.01)	2%	X
Asian / Asian American	4%	(0.02, 0.06)	15%	X
Pacific Islander	1%	(0.00, 0.02)	1%	
Other	2%	(0.00, 0.03)	2%	
Country				
International	11%	(0.08, 0.14)	8%	Χ
Residence				
Campus residence hall	24%	(0.20, 0.29)	27%	
Campus apartment	2%	(0.01, 0.04)	7%	Χ
Fraternity / sorority house	0%	(0.00, 0.00)	1%	
On- or off-campus co-operative				
housing	1%	(0.00, 0.02)	1%	
Off-campus, non-university housing	46%	(0.41, 0.51)	36%	X
Off campus, in my parent(s)				
/guardian(s)/relatives' home	14%	(0.11, 0.17)	19%	X
Other	9%	(0.07, 0.12)	3%	X
Degree Program				
Associates	10%	(0.07, 0.13)	16%	X
Bachelors	68%	(0.63, 0.73)	60%	X
Masters	15%	(0.11, 0.18)	11%	X
JD	0%	(0.00, 0.00)	1%	
MD	0%	(0.00, 0.01)	1%	
PhD or equivalent	3%	(0.01, 0.04)	6%	X
Other	3%	(0.02, 0.05)	3%	
Non-degree	2%	(0.01, 0.03)	2%	

^{*}participants can select more than one race/ethnicity; totals may exceed 100%

Age	Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
18-22 47% (0.42, 0.52) 67% X 23-25 5% (0.03, 0.07) 12% X 23-25 5% (0.03, 0.07) 12% X 23-25 5% (0.03, 0.07) 12% X 31+ 36% (0.31, 0.40) 11% X Highest educational attainment of either parent Less than high school degree 6% (0.04, 0.08) 5% High school degree 21% (0.17, 0.25) 10% X Some college, no degree 13% (0.09, 0.16) 10% C College degree 40% (0.35, 0.45) 34% X Graduate degree 14% (0.10, 0.17) 33% X Religiosity Very important 23% (0.19, 0.27) 15% X Important 21% (0.17, 0.25) 17% X Neutral 27% (0.22, 0.31) 24% C Very unimportant 9% (0.07, 0.12) 15% X Very unimportant 9% (0.07, 0.12) 15% X Very unimportant 15% (0.12, 0.19) 22% X Very unimportant 15% (0.12, 0.19) 22% X Very unimportant 17% (0.14, 0.21) 19% Never Stressful 34% (0.29, 0.38) 34% Stressful 4% (0.02, 0.06) 7% X Rarely Stressful 17% (0.14, 0.21) 19% Never Stressful 20% (0.16, 0.24) 12% X Neter Stressful 21% (0.17, 0.25) 17% X Never Stressful 21% (0.17, 0.25) 17% X Never Stressful 21% (0.17, 0.25) 17% X Never Stressful 20% (0.16, 0.24) 25% X Never Stressful 21% (0.17, 0.25) 17% X Never Stressful 20% (0.16, 0.24) 26% X Never Stressful 20% (0.20, 0.05) 5% X Never Stressful 20% (0.20, 0.05) 17% X Never Stressful		· ,		· · ·	
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Neutral 27%	Very important	23%	(0.19, 0.27)	15%	Χ
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Pinancial situation growing up 20% (0.16, 0.24) 12% X X	Rarely Stressful	17%	(0.14, 0.21)	19%	
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Often stressful 21% (0.17, 0.25) 17% Stressful 30% (0.25, 0.34) 26% Rarely Stressful 20% (0.16, 0.24) 26% X Never Stressful 10% (0.07, 0.13) 16% X Relationship Status Single 36% (0.32, 0.41) 47% X In a relationship 25% (0.21, 0.30) 33% X Married 29% (0.24, 0.33) 12% X Divorced 4% (0.02, 0.05) 1% X Sexual Orientation Heterosexual 72% (0.68, 0.77) 70% Bisexual 3% (0.02, 0.05) 5% Gay / Lesbian 11% (0.08, 0.15) 14% Queer 1% (0.00, 0.02) 5% X Questioning 2% (0.01, 0.04) 4%	Financial situation growing up				
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Rarely Stressful 20% (0.16, 0.24) 26% X Never Stressful 10% (0.07, 0.13) 16% X Relationship Status Single 36% (0.32, 0.41) 47% X In a relationship 25% (0.21, 0.30) 33% X Married 29% (0.24, 0.33) 12% X Divorced 4% (0.02, 0.05) 1% X Sexual Orientation Heterosexual 72% (0.68, 0.77) 70% Bisexual 3% (0.02, 0.05) 5% Gay / Lesbian 11% (0.08, 0.15) 14% Queer 1% (0.00, 0.02) 5% X Questioning 2% (0.01, 0.04) 4%	Often stressful	21%	(0.17, 0.25)	17%	
Never Stressful 10% (0.07, 0.13) 16% X Relationship Status Single 36% (0.32, 0.41) 47% X In a relationship 25% (0.21, 0.30) 33% X Married 29% (0.24, 0.33) 12% X Divorced 4% (0.02, 0.05) 1% X Sexual Orientation Heterosexual 72% (0.68, 0.77) 70% Bisexual 3% (0.02, 0.05) 5% Gay / Lesbian 11% (0.08, 0.15) 14% Queer 1% (0.00, 0.02) 5% X Questioning 2% (0.01, 0.04) 4%	Stressful	30%	(0.25, 0.34)	26%	
Relationship Status Single 36% (0.32, 0.41) 47% X In a relationship 25% (0.21, 0.30) 33% X Married 29% (0.24, 0.33) 12% X Divorced 4% (0.02, 0.05) 1% X Sexual Orientation Heterosexual 72% (0.68, 0.77) 70% Bisexual 3% (0.02, 0.05) 5% Gay / Lesbian 11% (0.08, 0.15) 14% Queer 1% (0.00, 0.02) 5% X Questioning 2% (0.01, 0.04) 4%	Rarely Stressful	20%	(0.16, 0.24)	26%	Χ
Single 36% (0.32, 0.41) 47% X In a relationship 25% (0.21, 0.30) 33% X Married 29% (0.24, 0.33) 12% X Divorced 4% (0.02, 0.05) 1% X Sexual Orientation Heterosexual 72% (0.68, 0.77) 70% Bisexual 3% (0.02, 0.05) 5% Gay / Lesbian 11% (0.08, 0.15) 14% Queer 1% (0.00, 0.02) 5% X Questioning 2% (0.01, 0.04) 4%	Never Stressful	10%	(0.07, 0.13)	16%	Χ
In a relationship 25% (0.21, 0.30) 33% X Married 29% (0.24, 0.33) 12% X Divorced 4% (0.02, 0.05) 1% X Sexual Orientation Heterosexual 72% (0.68, 0.77) 70% Bisexual 3% (0.02, 0.05) 5% Gay / Lesbian 11% (0.08, 0.15) 14% Queer 1% (0.00, 0.02) 5% X Questioning 2% (0.01, 0.04) 4%	Relationship Status				
Married 29% (0.24, 0.33) 12% X Divorced 4% (0.02, 0.05) 1% X Sexual Orientation Heterosexual 72% (0.68, 0.77) 70% Bisexual 3% (0.02, 0.05) 5% Gay / Lesbian 11% (0.08, 0.15) 14% Queer 1% (0.00, 0.02) 5% X Questioning 2% (0.01, 0.04) 4%	Single	36%	(0.32, 0.41)	47%	Χ
Divorced 4% (0.02, 0.05) 1% X Sexual Orientation Heterosexual 72% (0.68, 0.77) 70% Bisexual 3% (0.02, 0.05) 5% Gay / Lesbian 11% (0.08, 0.15) 14% Queer 1% (0.00, 0.02) 5% X Questioning 2% (0.01, 0.04) 4%	In a relationship	25%	(0.21, 0.30)	33%	Χ
Sexual Orientation Heterosexual 72% (0.68, 0.77) 70% Bisexual 3% (0.02, 0.05) 5% Gay / Lesbian 11% (0.08, 0.15) 14% Queer 1% (0.00, 0.02) 5% X Questioning 2% (0.01, 0.04) 4%	Married	29%	(0.24, 0.33)	12%	Χ
Heterosexual 72% (0.68, 0.77) 70% Bisexual 3% (0.02, 0.05) 5% Gay / Lesbian 11% (0.08, 0.15) 14% Queer 1% (0.00, 0.02) 5% X Questioning 2% (0.01, 0.04) 4%	Divorced	4%	(0.02, 0.05)	1%	Χ
Bisexual 3% (0.02, 0.05) 5% Gay / Lesbian 11% (0.08, 0.15) 14% Queer 1% (0.00, 0.02) 5% X Questioning 2% (0.01, 0.04) 4%	Sexual Orientation				
Gay / Lesbian 11% (0.08, 0.15) 14% Queer 1% (0.00, 0.02) 5% X Questioning 2% (0.01, 0.04) 4%	Heterosexual	72%	(0.68, 0.77)	70%	
Queer 1% (0.00, 0.02) 5% X Questioning 2% (0.01, 0.04) 4%	Bisexual	3%	(0.02, 0.05)	5%	
Queer 1% (0.00, 0.02) 5% X Questioning 2% (0.01, 0.04) 4%	Gay / Lesbian	11%		14%	
Questioning 2% (0.01, 0.04) 4%	·	1%	· · · · · · · · · · · · · · · · · · ·	5%	X
Other 1% (0.00, 0.01) 2% X	Questioning	2%	(0.01, 0.04)	4%	
	Other	1%	(0.00, 0.01)	2%	X

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Chronic Disease	` '		, <i>i</i>	·
Diabetes	4%	(0.02, 0.06)	1%	Х
High blood pressure	10%	(0.07, 0.13)	3%	Χ
Asthma	16%	(0.12, 0.19)	13%	
Thyroid disease (e.g., hypothyroid		(= , = = ,		
or hyperthyroid)	5%	(0.03, 0.07)	3%	
Gastrointestinal disease (e.g.,		, ,		
Crohn's Disease, Ulcerative Colitis)	3%	(0.01, 0.04)	3%	
Arthritis	7%	(0.04, 0.09)	2%	Χ
Sickle cell anemia	0%	(0.00, 0.01)	0%	
Seizure disorders (e.g., epilepsy)	1%	(0.00, 0.02)	1%	
Cancers	2%	(0.00, 0.03)	1%	Χ
High cholesterol	5%	(0.03, 0.08)	2%	Χ
HIV/AIDS	0%	(0.00, 0.00)	0%	
Other autoimmune disorder (please		(3.00) 0.00)	3,2	
specify)	3%	(0.02, 0.05)	2%	
Other chronic disease	7%	(0.05, 0.10)	5%	Χ
	Men	tal Health Measures		
Positive Mental Health				
Flourishing Scale (8-56)	40.4	(39.10, 41.71)	38.8	X
In flourishing range (48-56)	33%	(0.28, 0.38)	30%	
Depression (PHQ-9)				
Overall score (0-27)	9.8	(9.10, 10.54)	9.5	
In moderately severe to severe				
range (15-27)	27%	(0.22, 0.32)	23%	X
In moderate range (10-14)	19%	(0.15, 0.23)	21%	
Any depression (10-27)	46%	(0.41, 0.51)	43%	
Impairment from depression*				
Not difficult at all	23%	(0.19, 0.28)	17%	Χ
Somewhat difficult	40%	(0.35, 0.44)	46%	Χ
Very difficult	15%	(0.11, 0.18)	16%	
Extremely difficult	8%	(0.06, 0.11)	7%	
Generalized anxiety (GAD-7)				
Overall score (0-21)	8.2	(7.55, 8.83)	8.3	
In moderate range (10-14)	21%	(0.17, 0.25)	20%	
In severe range (15-21)	18%	(0.14, 0.22)	18%	
Any anxiety (10-21)	39%	(0.34, 0.44)	38%	
Depression/Anxiety	2370	(0.0.) 011.)	30/0	
Depression or anxiety symptoms	52%	(0.47, 0.57)	51%	
Disordered eating & body image	52/0	(0.17, 0.57)	31/3	
Probable eating disorder (3+ on				
SCOFF)	13%	(0.10, 0.17)	15%	
Need to be very thin to feel good	13/0	(0.10, 0.17)	13/0	
about self	29%	(0.25, 0.34)	33%	
		(0.20) 0.5 1)	33/3	

^{*}How difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Academic impairment from mental				·
health, past 4 weeks**				
None	21%	(0.17, 0.25)	14%	X
1-2 days	27%	(0.22, 0.31)	28%	
3-5 days	26%	(0.21, 0.30)	26%	
6 or more days	24%	(0.20, 0.28)	25%	
	Self	f-Injury and Suicide		
Non-suicidal self-injury, past year		ja. y ana caraac		
Any	24%	(0.20, 0.29)	28%	
Cutting self	8%	(0.06, 0.11)	6%	X
Burning self	2%	(0.00, 0.03)	2%	
Punching or banging self	8%	(0.05, 0.10)	10%	
Scratching self	9%	(0.06, 0.12)	10%	
Biting self	9%	(0.03, 0.07)	9%	
Interfering with wound healing	9%	(0.06, 0.12)	9%	
Carving words or symbols in skin	0%	(0.00, 0.01)	1%	
Rubbing sharp objects on skin	4%	(0.02, 0.05)	3%	
Punching or banging wall or object	6%	(0.04, 0.09)	7%	
Other	2%	(0.00, 0.03)	2%	
Suicidality				
Seriously thought about attempting				
suicide, past year	20%	(0.16, 0.24)	14%	X
Made a plan for attempting suicide,				
past year (among those with				
suicidal ideation)	42%	(0.31, 0.54)	41%	
Attempted suicide, past year	.=./	(0.07.0.00)		
(among those with suicidal ideation)	15%	(0.07, 0.23)	9%	
	Previous Dia	agnosis of Mental Dis	orders	
Mental disorders				
Any	49%	(0.44, 0.55)	47%	
Depression (e.g., major depressive disorder, persistent depressive		· · · · ·		
disorder)	34%	(0.29, 0.39)	26%	Χ
Anxiety (e.g., generalized anxiety		(1 1, 1 11,		
disorder, phobias)	35%	(0.30, 0.40)	31%	
Bipolar (e.g., bipolar I or II,				
cyclothymia)	6%	(0.04, 0.08)	3%	X
Obsessive-compulsive or related disorders (e.g., obsessive-compulsive disorder, body				
dysmorphia)	5%	(0.03, 0.08)	5%	
Trauma and stressor related				
disorders (e.g., post-traumatic	422/	(0.00.0.15)	001	V
stress disorder) **How many days have you felt that emotion	12%	(0.09, 0.15)	8%	X

^{**}How many days have you felt that emotional or mental difficulties have hurt your academic performance?

Measure (%) Interval (%) from National Sample Mental disorders, continued Neurodevelopmental disorder or intellectual disability (e.g., attention deficit disorder, intellectual disability, autism spectrum disorder) 7% (0.05, 0.10) 8% Psychosis (e.g., schizophrenia, schizo-affective disorder) 1% (0.00, 0.02) 0% Personality disorder (e.g., antisocial personality disorder, paranoid personality disorder) 3% (0.01, 0.04) 1% X Eating disorder (e.g., anorexia nervosa, bulimia nervosa) 4% (0.02, 0.06) 5% Substance use disorder (e.g., alcohol abuse, abuse of other drugs) 3% (0.01, 0.04) 1% V Health Behaviors and Lifestyle Substance use, past 30 days Cigarettes 19% (0.15, 0.22) 24% X Vape pen or E-Cigarette 17% (0.13, 0.20) 16% Marijuana 11% (0.08, 0.14) 18% X Cocaine 1% (0.00, 0.00) 0% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0%
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Health Behaviors and Lifestyle Substance use, past 30 days Cigarettes 19% (0.15, 0.22) 24% X Vape pen or E-Cigarette 17% (0.13, 0.20) 16% Marijuana 11% (0.08, 0.14) 18% X Cocaine 1% (0.00, 0.01) 1% Heroin 0% (0.00, 0.00) 0% Methamphetamines 0% (0.00, 0.00) 0% Other stimulants without a 0 0 0
Substance use, past 30 days Cigarettes 19% (0.15, 0.22) 24% X Vape pen or E-Cigarette 17% (0.13, 0.20) 16% Marijuana 11% (0.08, 0.14) 18% X Cocaine 1% (0.00, 0.01) 1% Heroin 0% (0.00, 0.00) 0% Methamphetamines 0% (0.00, 0.00) 0% Other stimulants without a 0% 0.00, 0.00) 0%
Cigarettes 19% (0.15, 0.22) 24% X Vape pen or E-Cigarette 17% (0.13, 0.20) 16% Marijuana 11% (0.08, 0.14) 18% X Cocaine 1% (0.00, 0.01) 1% Heroin 0% (0.00, 0.00) 0% Methamphetamines 0% (0.00, 0.00) 0% Other stimulants without a
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Marijuana 11% (0.08, 0.14) 18% X Cocaine 1% (0.00, 0.01) 1% Heroin 0% (0.00, 0.00) 0% Methamphetamines 0% (0.00, 0.00) 0% Other stimulants without a 0% 0.00, 0.00) 0%
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Other stimulants without a
Other stimulants without a
and a single control of the control
prescription or more than
prescribed 0% (0.00, 0.01) 1%
MDMA (also known as Ecstacy or
Molly) 1% (0.00, 0.01) 0%
Opioid pain relievers without a
prescription or more than
prescribed 1% (0.00, 0.01) 0%
Benzodiazepenes 1% (0.00, 0.01) 0% X
Ketamine (also known as K, Special
K) 1% (0.00, 0.01) 0%
LSD (also known as acid) 0% (0.00, 0.00) 0%
Psilocybin (also known as magic
mushrooms, boomers, shrooms) 0% (0.00, 0.00) 1%
Kratom 0% (0.00, 0.00) 0%
Athletic performance enhancers 0% (0.00, 0.00) 0% X
Other drugs without a prescription 1% (0.00, 0.02) 0%
Violence
Have been struck or physically
injured by another person in the
past 12 months 0% (0.00, 0.00) 1%

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
		Help-Seeking		
I know where to go to access		, ,		
resources				
Agree or strongly agree	68%	(0.63, 0.73)	76%	X
Think you needed help for				
emotional or mental health				
problems, past year	200/	(0.04.0.00)	200/	
Strongly Agree	28%	(0.24, 0.33)	30%	
Agree	18%	(0.14, 0.22)	18%	
Somewhat agree	14%	(0.10, 0.17)	14%	
Somewhat disagree	4%	(0.02, 0.06)	5%	
Disagree	10%	(0.07, 0.13)	11%	
Strongly disagree	14%	(0.11, 0.18)	10%	X
Did not answer	11%	(0.08, 0.14)	12%	
Psychotropic medication				
Current	27%	(0.22, 0.32)	25%	
Any, past 12 months	32%	(0.27, 0.37)	29%	
Antidepressants	21%	(0.17, 0.25)	19%	
Anti-anxiety medications	11%	(0.08, 0.15)	8%	X
Psychostimulants	5%	(0.03, 0.07)	6%	
Anti-psychotics	2%	(0.01, 0.03)	1%	
Mood stabilizers	4%	(0.02, 0.06)	2%	
Sleep medications	8%	(0.05, 0.11)	4%	X
Other	2%	(0.01, 0.03)	2%	
Prescriber				
General practitioner/nurse	74%	(0.66, 0.83)	56%	X
Psychiatrist	29%	(0.21, 0.38)	43%	X
Other type of health provider	2%	(-0.01, 0.04)	3%	
No prescription	3%	(0.00, 0.06)	3%	
How helpful do you think the medication(s) was or has been for your mental or emotional health?				
Very helpful	41%	(0.32, 0.51)	40%	
Helpful	28%	(0.19, 0.36)	31%	
Somewhat helpful	22%	(0.14, 0.30)	22%	
Not helpful	8%	(0.03, 0.13)	7%	

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Whom would you talk to, if you were experiencing severe emotional distress?				
Professional clinician	40%	(0.35, 0.45)	40%	
Roommate	10%	(0.07, 0.13)	18%	Х
Friend (who is not a roommate)	38%	(0.33, 0.43)	46%	Χ
Significant other	33%	(0.28, 0.38)	36%	
Family member	38%	(0.33, 0.43)	45%	Χ
Religious counselor or other				
religious contact	7%	(0.04, 0.09)	5%	
Support group	4%	(0.02, 0.05)	3%	
Other non-clinical source	2%	(0.00, 0.03)	1%	
No one	10%	(0.07, 0.13)	8%	
Therapy or counseling for mental health				
Past year	31%	(0.26, 0.36)	39%	X
Current (among those with any)	57%	(0.48, 0.66)	55%	
Visits in past year, among those				
with any				
1-3	34%	(0.25, 0.43)	27%	
4-6	22%	(0.14, 0.30)	20%	
7-9	11%	(0.05, 0.17)	12%	
10 or more	33%	(0.24, 0.42)	41%	

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Use of specific providers for			` '	·
therapy or counseling				
Campus Provider A	24%	(0.16, 0.32)	40%	Χ
Campus Provider B	7%	(0.02, 0.11)	5%	
Campus Provider C	0%	(0.00, 0.00)	0%	
Psychiatric emergency services	3%	(0.00, 0.06)	3%	
Inpatient psychiatric hospital	7%	(0.02, 0.11)	4%	
Partial hospitalization program	0%	(0.00, 0.00)	2%	
Provider in the local community				
(not on campus)	27%	(0.19, 0.36)	30%	
Provider in another location (such				
as hometown)	49%	(0.39, 0.58)	46%	
Other	8%	(0.03, 0.14)	6%	
How were your counseling or				
therapy sessions conducted?				
In-person only	53%	(0.44, 0.63)	32%	X
Remote/telehealth only	26%	(0.18, 0.35)	47%	X
Both in-person and remote	24%	(0.16, 0.32)	37%	X
How helpful do you think therapy				
or counseling was or has been for				
your mental or emotional health?				
Very helpful	30%	(0.23, 0.37)	34%	
Helpful	25%	(0.19, 0.31)	27%	
Somewhat helpful	26%	(0.20, 0.33)	25%	
Not helpful	18%	(0.13, 0.24)	13%	X
Any medication or therapy for mental health				
Past year	45%	(0.40, 0.50)	47%	
Any visit to a health provider				
Past year	75%	(0.71, 0.80)	75%	
Received counseling or support for mental health from these sources, past year				
Roommate	8%	(0.05, 0.11)	16%	Χ
Friend (other than roommate)	29%	(0.25, 0.34)	41%	Χ
Significant other	28%	(0.23, 0.32)	30%	
Family member	30%	(0.25, 0.34)	37%	Χ
Religious contact	4%	(0.02, 0.06)	3%	
Support group	2%	(0.00, 0.03)	2%	
Faculty member/professor	1%	(0.00, 0.01)	1%	
Staff member	33%	(0.28, 0.38)	24%	Х
Other non-clinical source	4%	(0.02, 0.06)	4%	
None of the above	2%	(0.00, 0.03)	2%	

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
	Satisfaction wi	th Therapy: Campus	Providers	
Convenient hours				
Very dissatisfied	0%	(0.00, 0.00)	5%	
Dissatisfied	0%	(0.00, 0.00)	7%	
Somewhat dissatisfied	7%	(-0.03, 0.17)	10%	
Somewhat satisfied	15%	(0.01, 0.28)	22%	
Satisfied	41%	(0.22, 0.60)	39%	
Very satisfied	37%	(0.18, 0.56)	20%	Χ
Location				
Very dissatisfied	0%	(0.00, 0.00)	3%	
Dissatisfied	0%	(0.00, 0.00)	4%	
Somewhat dissatisfied	4%	(-0.04, 0.11)	7%	
Somewhat satisfied	15%	(0.01, 0.28)	17%	
Satisfied	41%	(0.22, 0.60)	46%	
Very satisfied	41%	(0.22, 0.60)	26%	
Quality of therapists				
Very dissatisfied	0%	(0.00, 0.00)	5%	
Dissatisfied	11%	(-0.01, 0.23)	7%	
Somewhat dissatisfied	7%	(-0.03, 0.17)	9%	
Somewhat satisfied	15%	(0.01, 0.28)	19%	
Satisfied	26%	(0.09, 0.43)	34%	
Very satisfied	44%	(0.25, 0.64)	29%	
Respect for privacy concerns				
Very dissatisfied	0%	(0.00, 0.00)	2%	
Dissatisfied	0%	(0.00, 0.00)	1%	
Somewhat dissatisfied	0%	(0.00, 0.00)	3%	
Somewhat satisfied	11%	(-0.01, 0.23)	10%	
Satisfied	37%	(0.18, 0.56)	43%	
Very satisfied	56%	(0.36, 0.75)	44%	
Ability to schedule appoinments without long delays				
Very dissatisfied	0%	(0.00, 0.00)	11%	
Dissatisfied	4%	(-0.04, 0.11)	10%	
Somewhat dissatisfied	0%	(0.00, 0.00)	11%	
Somewhat satisfied	11%	(-0.01, 0.23)	16%	
Satisfied	41%	(0.22, 0.60)	31%	
Very satisfied	44%	(0.25, 0.64)	25%	Χ
Respect and consideration for my cultural/racial background				
Very dissatisfied	0%	(0.00, 0.00)	2%	
Dissatisfied	4%	(-0.04, 0.11)	1%	
Somewhat dissatisfied	0%	(0.00, 0.00)	3%	
Somewhat satisfied	4%	(-0.04, 0.11)	11%	
Satisfied	26%	(0.09, 0.43)	44%	
Very satisfied	67%	(0.49, 0.85)	41%	X

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
	Satisfaction with	Therapy: Non-Campu	us Providers	
Convenient hours				
Very dissatisfied	0%	(0.00, 0.00)	5%	
Dissatisfied	0%	(0.00, 0.00)	7%	
Somewhat dissatisfied	7%	(-0.03, 0.17)	10%	
Somewhat satisfied	15%	(0.01, 0.28)	22%	
Satisfied	41%	(0.22, 0.60)	39%	
Very satisfied	37%	(0.18, 0.56)	20%	X
Location				
Very dissatisfied	0%	(0.00, 0.00)	3%	
Dissatisfied	0%	(0.00, 0.00)	4%	
Somewhat dissatisfied	4%	(-0.04, 0.11)	7%	
Somewhat satisfied	15%	(0.01, 0.28)	17%	
Satisfied	41%	(0.22, 0.60)	46%	
Very satisfied	41%	(0.22, 0.60)	26%	
Quality of therapists				
Very dissatisfied	0%	(0.00, 0.00)	5%	
Dissatisfied	11%	(-0.01, 0.23)	7%	
Somewhat dissatisfied	7%	(-0.03, 0.17)	9%	
Somewhat satisfied	15%	(0.01, 0.28)	19%	
Satisfied	26%	(0.09, 0.43)	34%	
Very satisfied	44%	(0.25, 0.64)	29%	
Respect for privacy concerns	00/	(0.00.0.00)	201	
Very dissatisfied	0%	(0.00, 0.00)	2%	
Dissatisfied	0%	(0.00, 0.00)	1%	
Somewhat dissatisfied	0%	(0.00, 0.00)	3%	
Somewhat satisfied	11%	(-0.01, 0.23)	10%	
Satisfied	37%	(0.18, 0.56)	43%	
Very satisfied	56%	(0.36, 0.75)	44%	
Ability to schedule appoinments without long delays				
Very dissatisfied	0%	(0.00, 0.00)	11%	
Dissatisfied	4%	(-0.04, 0.11)	10%	
Somewhat dissatisfied	0%	(0.00, 0.00)	11%	
Somewhat satisfied	11%	(-0.01, 0.23)	16%	
Satisfied	41%	(0.22, 0.60)	31%	
Very satisfied	44%	(0.25, 0.64)	25%	X
Respect and consideration for my cultural/racial background				
Very dissatisfied	0%	(0.00, 0.00)	2%	
Dissatisfied	4%	(-0.04, 0.11)	1%	
Somewhat dissatisfied	0%	(0.00, 0.00)	3%	
Somewhat satisfied	4%	(-0.04, 0.11)	11%	
Satisfied	26%	(0.09, 0.43)	44%	
Very satisfied	67%	(0.49, 0.85)	41%	Х

Reasons for seeking help	Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Decided on my own 30% (0.26, 0.35) 32%		Barriers and	Facilitators to Help-S	Seeking	
Friend encouraged or pressured me	Reasons for seeking help				
Family member encouraged or pressured me 2% (0.00, 0.03) 1% (0.000, 0.03) 1% (0.0000) 13% (0.00000) 13% (0.00000) 13% (0.00000) 13% (0.0000) 13% (0.00000) 13% (0	Decided on my own	30%	(0.26, 0.35)	32%	
pressured me 2% (0.00, 0.03) 1% Other person encouraged or pressured me 10% (0.07, 0.13) 13% A campus advisor mandated me to seek help by campus staff 3% (0.01, 0.05) 3% I acquired more information about my options 2% (0.00, 0.03) 2% A campus advisor referred me to seek help 1% (0.00, 0.01) 0% Health professional recommended help 1% (0.00, 0.02) 1% Help 1% (0.00, 0.00) 0% Other reasons 0% (0.00, 0.00) 0% Reasons for receiving no or fewer services for mental health 1 <td></td> <td>6%</td> <td>(0.03, 0.08)</td> <td>8%</td> <td></td>		6%	(0.03, 0.08)	8%	
Other person encouraged or pressured me now pressured me and accompressured me	•				
pressured me	•	2%	(0.00, 0.03)	1%	
A campus advisor mandated me to seek help by campus staff 3% (0.01, 0.05) 3%	•	100/	(0.07.0.40)	400/	
Seek help by campus staff 3% (0.01, 0.05) 3% Lacquired more information about my options 2% (0.00, 0.03) 2% A campus advisor referred me to seek help 1% (0.00, 0.01) 0% Health professional recommended help 1% (0.00, 0.02) 1% Other reasons 0% (0.00, 0.00) 0% Reasons for receiving no or fewer services for mental health I haven't gone yet but I plan to 5% (0.03, 0.07) 5% No need for services 22% (0.18, 0.27) 20% Financial reasons 7% (0.04, 0.09) 7% Not enough time 5% (0.03, 0.08) 8% X Difficulty finding an appointment 1% (0.00, 0.02) 3% Prefer to deal with issues on my own or with support from family/friends 11% (0.08, 0.14) 11% Privacy concerns 2% (0.01, 0.04) 2% People providing services don't understand me 6% (0.04, 0.08) 5% Other 3% (0.01, 0.04) 3% No barriers 3% (0.01, 0.04) 3% No barriers 3% (0.01, 0.04) 3% No barriers 3% (0.01, 0.04) 3% No parent's employer 33% (0.28, 0.38) 51% X Own employer 23% (0.19, 0.28) 7% X Spouse's employer 6% (0.03, 0.08) 3% X Embassy or other international source 0% (0.00, 0.01) 0% Individual market 2% (0.01, 0.04) 2% Uncertain whether insured 1% (0.01, 0.01) 9% Uncertain whether insured 1% (0.01, 0.02) 1%	•	10%	(0.07, 0.13)	13%	
Continue		20/	(0.01.0.0E)	20/	
my options 2% (0.00, 0.03) 2% A campus advisor referred me to seek help 1% (0.00, 0.01) 0% Health professional recommended help 1% (0.00, 0.02) 1% Other reasons 0% (0.00, 0.00) 0% Reasons for receiving no or fewer services for mental health 8 0.03, 0.07) 5% No need for services 22% (0.18, 0.27) 20% Financial reasons 7% (0.04, 0.09) 7% Not enough time 5% (0.03, 0.08) 9% X Not sure where to go 5% (0.03, 0.08) 9% X Not sure where to go 5% (0.03, 0.08) 9% X Difficulty finding an appointment 1% (0.00, 0.02) 3% Y Prefer to deal with issues on my own or with support from family/friends 11% (0.08, 0.14) 11% P Privacy concerns 2% (0.01, 0.04) 2% P People providing services don't understand me 6% (0.04, 0.08) 5% V		3%	(0.01, 0.05)	5%	
A campus advisor referred me to seek help 1% (0.00, 0.01) 0% Health professional recommended help (0.00, 0.02) 1% (0.00, 0.00) 0% (0.00, 0.00)		2%	(0.00, 0.03)	2%	
seek help 1% (0.00, 0.01) 0% Health professional recommended help 1% (0.00, 0.02) 1% Other reasons 0% (0.00, 0.00) 0% Reasons for receiving no or fewer services for mental health 1 1 I haven't gone yet but I plan to 5% (0.03, 0.07) 5% No need for services 22% (0.18, 0.27) 20% Financial reasons 7% (0.04, 0.09) 7% Not enough time 5% (0.03, 0.08) 9% X Not sure where to go 5% (0.03, 0.08) 9% X Not sure where to go 5% (0.03, 0.08) 8% X Difficulty finding an appointment 1% (0.00, 0.02) 3% Y Prefer to deal with issues on my own or with support from family/friends 11% (0.08, 0.14) 11% Y Privacy concerns 2% (0.01, 0.04) 2% Y People providing services don't understand me 6% (0.04, 0.08) 5% Y Other		270	(0.00, 0.03)	270	
Health professional recommended help		1%	(0.00, 0.01)	0%	
help 1% (0.00, 0.02) 1% Other reasons 0% (0.00, 0.00) 0% Reasons for receiving no or fewer services for mental health Services for mental health I haven't gone yet but I plan to 5% (0.03, 0.07) 5% No need for services 22% (0.18, 0.27) 20% Financial reasons 7% (0.04, 0.09) 7% Not enough time 5% (0.03, 0.08) 9% X Not sure where to go 5% (0.03, 0.08) 8% X Difficulty finding an appointment 1% (0.00, 0.02) 3% X Prefer to deal with issues on my own or with support from family/friends 11% (0.00, 0.02) 3% X Privacy concerns 2% (0.01, 0.04) 1% Privacy concerns 2% (0.01, 0.04) 2% People providing services don't understand me 6% (0.04, 0.08) 5% Contract of the contract of th			, , , , ,		
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Services for mental health I haven't gone yet but I plan to 5% (0.03, 0.07) 5% No need for services 22% (0.18, 0.27) 20% Financial reasons 7% (0.04, 0.09) 7% Not enough time 5% (0.03, 0.08) 9% X Not sure where to go 5% (0.03, 0.08) 8% X Difficulty finding an appointment 1% (0.00, 0.02) 3% Prefer to deal with issues on my own or with support from family/friends 11% (0.08, 0.14) 11% Privacy concerns 2% (0.01, 0.04) 2% People providing services don't understand me 6% (0.04, 0.08) 5% Other 3% (0.01, 0.04) 3% No barriers 3% (0.01, 0.04) 3% None (uninsured) 6% (0.04, 0.08) 3% X Parent's employer 33% (0.28, 0.38) 51% X Own employer 23% (0.19, 0.28) 7% X Spouse's employer 6% (0.03, 0.08) 3% X Student plan 3% (0.01, 0.04) 12% X Embassy or other international Source 14% (0.01, 0.03) 2% Public insurance 14% (0.11, 0.18) 9% X Uncertain whether insured 1% (0.00, 0.02) 1%	Other reasons	0%	(0.00, 0.00)	0%	
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Difficulty finding an appointment 1% (0.00, 0.02) 3%	Not enough time	5%		9%	X
Prefer to deal with issues on my own or with support from family/friends 11% (0.08, 0.14) 11% Privacy concerns 2% (0.01, 0.04) 2% People providing services don't understand me 6% (0.04, 0.08) 5% Other 3% (0.01, 0.04) 3% No barriers 3% (0.01, 0.04) 2% Source of health insurance None (uninsured) 6% (0.04, 0.08) 3% X Parent's employer 33% (0.28, 0.38) 51% X Own employer 23% (0.19, 0.28) 7% X Spouse's employer 6% (0.03, 0.08) 3% X Student plan 3% (0.01, 0.04) 12% X Embassy or other international source 0% (0.00, 0.01) 0% X Individual market 2% (0.01, 0.03) 2% X Public insurance 14% (0.11, 0.18) 9% X Uncertain whether insured 1% (0.00, 0.02) 1%	Not sure where to go	5%	(0.03, 0.08)	8%	X
own or with support from family/friends 11% (0.08, 0.14) 11% Privacy concerns 2% (0.01, 0.04) 2% People providing services don't understand me 6% (0.04, 0.08) 5% Other 3% (0.01, 0.04) 3% No barriers 3% (0.01, 0.04) 2% Source of health insurance 8 (0.04, 0.08) 3% X None (uninsured) 6% (0.04, 0.08) 3% X Parent's employer 33% (0.28, 0.38) 51% X Own employer 23% (0.19, 0.28) 7% X Spouse's employer 6% (0.03, 0.08) 3% X Student plan 3% (0.01, 0.04) 12% X Embassy or other international source 0% (0.00, 0.01) 0% X Individual market 2% (0.01, 0.03) 2% X Public insurance 14% (0.11, 0.18) 9% X Uncertain whether insured 1% <td< td=""><td>Difficulty finding an appointment</td><td>1%</td><td>(0.00, 0.02)</td><td>3%</td><td></td></td<>	Difficulty finding an appointment	1%	(0.00, 0.02)	3%	
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Own employer 23% (0.19, 0.28) 7% X Spouse's employer 6% (0.03, 0.08) 3% X Student plan 3% (0.01, 0.04) 12% X Embassy or other international source 0% (0.00, 0.01) 0% Individual market 2% (0.01, 0.03) 2% Public insurance 14% (0.11, 0.18) 9% X Uncertain whether insured 1% (0.00, 0.02) 1%	· · · · · · · · · · · · · · · · · · ·		·		
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Public insurance 14% (0.11, 0.18) 9% X Uncertain whether insured 1% (0.00, 0.02) 1%					
Uncertain whether insured 1% (0.00, 0.02) 1%			·		X
· · · · · · · · · · · · · · · · · · ·					
	Insured but uncertain of source	2%	(0.01, 0.03)	2%	

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Plan provides any coverage for				
local mental health visits				
Yes, it definitely would	39%	(0.34, 0.44)	27%	X
I think it would but am not sure	20%	(0.15, 0.24)	26%	X
I have no idea	20%	(0.16, 0.24)	23%	
I think it would not but am not sure	4%	(0.02, 0.06)	6%	
No, it definitely would not	3%	(0.01, 0.04)	3%	
Plan meets needs for mental health services				
Have not needed plan to cover				
services	25%	(0.20, 0.29)	20%	Χ
Yes, everything I have needed is covered	25%	(0.21, 0.29)	24%	
No, the coverage is inadequate to		(= , = = ,		
meet my needs	8%	(0.06, 0.11)	8%	
Unsure	28%	(0.23, 0.32)	33%	Χ
Su	nnortiveness of	Academic and Social	Fnvironment	
Talked with any academic personnel about mental health				
problems affecting performance				
Past year	17%	(0.13, 0.21)	18%	
Supportiveness of response by academic personnel				
Very supportive	57%	(0.44, 0.70)	48%	
Supportive	38%	(0.25, 0.51)	42%	
Not supportive	3%	(-0.01, 0.08)	7%	
Very unsupportive	2%	(-0.02, 0.05)	3%	
Whom would you talk to about mental health problems affecting academic performance				
Professor from one of my classes	26%	(0.21, 0.30)	31%	Χ
Academic advisor	27%	(0.22, 0.31)	26%	
Another faculty member	5%	(0.03, 0.07)	5%	
Teaching assistant	1%	(0.00, 0.02)	2%	
Student services staff	10%	(0.07, 0.13)	10%	
Dean of Students or Class Dean	3%	(0.02, 0.05)	5%	
Other	4%	(0.02, 0.06)	4%	
None of the above	36%	(0.32, 0.41)	33%	
Persistence / Retention				
I am confident that I will finish my				
degree no matter the challenges	82%	(0.78, 0.86)	77%	X

Maggura	All Students	95% Confidence	National Sample	Significantly Different
Measure	(%)	Interval	(%)	from National Sample
Ethnicity Subcategories*				
Black				
African	8%	(0.01, 0.14)	20%	X
African American	88%	(0.79, 0.96)	66%	X
African Caribbean	5%	(-0.01, 0.10)	15%	X
Afro-Latina/o/x	6%	(0.00, 0.12)	7%	
Other	3%	(-0.01, 0.07)	6%	
Asian				
East Asian (e.g., Chinese, Japanese, Korean, Taiwanese)	29%	(0.07, 0.52)	53%	X
Southeast Asian (e.g., Cambodian,		(0.01, 0.02,		
Vietnamese, Hmong)	18%	(-0.01, 0.36)	13%	
South Asian (e.g., Indian, Pakistani,				
Nepalese, Sri Lankan)	41%	(0.17, 0.65)	25%	
Filipina/o/x	12%	(-0.04, 0.28)	9%	
Other	0%	(0.00, 0.00)	2%	
Hispanic				
Mexican/Mexican American	36%	(0.23, 0.49)	55%	
Central American	16%	(0.06, 0.26)	11%	
South American	24%	(0.12, 0.36)	16%	Χ
Caribbean	8%	(0.00, 0.16)	13%	
Other	12%	(0.03, 0.21)	7%	

^{*}participants can select more than one race/ethnicity; totals may exceed 100%

Note: the confidence intervals are wide for these numbers, because the sample sizes are small